

AIMING HIGH FOR HEALTH INEQUALITIES

Introduction to an action learning programme to develop MCH Health Inequalities Champions



Brief Overview:

This action learning programme will support the creation of MCH Health Inequalities change champions. This introductory session to the year long programme is aimed at ensuring you understand what is involved in the action learning programme before self selecting/ being selected for the programme. The programme aims to build the capacity and capability of health inequalities for clinical leaders and heads of service and will cover leading change and public health skills development. The action learning set will consist of between 8 and 12 people and will use your work agenda and individual issues as a basis for development.

Learning Outcomes:

- By the end of the programme delegates will:
- Be able to describe health inequalities in Manchester and understand the local regeneration context
 - Know where to access information to target interventions effectively
 - Know how to apply evidence based health inequalities tools
 - Understand the importance of empowering communities to aspire to good health
 - Understand how to engage with 'seldom seen, seldom heard communities'
 - Understand and apply appropriate health promotion and behaviour change models for your staff
 - Evaluate the impact of your work.

Associated KSF Dimensions:

Core 1 Communication	Core 2 People and personal development
Core 4 Service Improvement	Core 6 Equality and Diversity
HWB1 Promotion of health and well being and prevention of adverse effects on health and well being	HWB2 Assessment and care planning to meet health and wellbeing needs

Delivery Method: Action learning set and public health skills workshops

Target Audience: Clinical leads and heads of service

Name of Trainer: Ethical Management Consulting limited and PHDS

Length: Half day introduction (up to 35 participants followed by selection/ self selection for 1 year programme (8 days action learning and approx 5 half days of training input on public health skills)

Dates, Times & Venues: The introductory session will be held on **18 May 2009 9.30 to 1pm lunch included (venue to be confirmed)**

Subsequent sessions will be arranged with the action learning set members.

To book a place or find out more, please complete a course nomination form and return to: Madge Strong fax no. 203 5817, email madge.strong@manchester.nhs.uk or tel. 861 2901 All training must be pre booked; a £50 fee will be charged for non attendance or late cancellation of the course