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Press Release

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MPHDS/01

Inspirational support to stop smoking Collyhurst

Church of the Saviour in Collyhurst will be inspiring local people to go smokefree as they open their doors to a new stop smoking service as part of their coffee morning. The new stop smoking service will run **every Tuesday from 14 June 2011, from 11.00am – 1.00pm at Church of the Saviour, Eggington Street, Collyhurst, M40 7RN**. While local residents enjoy free refreshment they can get support to quit smoking.

Manchester Stop Smoking Service will provide a trained advisor who will be on hand each week to provide free confidential, one to one support in a non judgemental way. The advisor will also help to plan a final quit date and provide a voucher for free or discounted Nicotine Replacement Therapy (NRT). No appointment is needed, people can drop in!

There will also be an opportunity for people to register their homes smokefree and enter a free prize draw to win £250 high street vouchers and an iPod!

Abbie Paton, Acting Manager, Manchester Stop Smoking Service said:

"We are continually looking at opportunities to work in partnership with community organisations and this new service at Church of the Saviour will give local people access to stop smoking support closer to their home.

"People will be welcomed into a friendly environment where they can have free refreshments and get advice and support to quit. We run similar services in Mosques across the city. People are 4 times more likely to quit with support from the NHS. In 2010 4,472 people in Manchester stopped smoking with our help."

More 1/2

Together we are better



Cigarette smoking is harmful to health as they contain over 4,000 chemicals including Arsenic (White Ant poison), Acetone (petrol fumes), Butane (lighter fuel), Methanol (rocket fuel) and Ammonia (floor cleaner) to name a few. Manchester Stop Smoking Service aims to provide people with the information they need to make informed choices so they can lead a healthier lifestyle.

For more information about services provided across the city or to get support to quit call Manchester Stop Smoking Service on 0161 205 5998 or text smoke with your name to 81025. Visit www.stopsmokingmanchester.co.uk.

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**For media enquiries please contact
Jenny Cowell, Manchester Mental Health & Social Care Trust tel: 0161 205 5998.**

Notes to Editors

1. Manchester Stop Smoking Service is part of Manchester Public Health Development Service, which transferred to Manchester Mental Health and Social Care Trust on 1 April 2011.
2. Manchester Stop Smoking Service provides trained specialists advisors who offer support to anyone who lives or works in Manchester.
3. The service also offers support for people if their first language is not English. People can text LANG plus the language in which they would like to be called back in to 81025. An interpreter will then be arranged for their appointment. Text is charged at the standard network rate.
4. To enter the prize draw people have to sign up to quit smoking and register their home smokefree.
5. Manchester Stop Smoking Service provides support to quit smoking in many places across the city including most pharmacies, all the hospitals, health centres, community centres market stalls and workplaces.