

Manchester Public Health Development Service (MPHDS)
Manchester Mental Health and Social Care Trust
Greater Manchester Health Innovation and Education Cluster (HIEC)
Mental Health Project
Brief Interim Project Report. April 2011.

Introduction

The HIEC Mental Health project has been operating since December 2010. It aims to disseminate two mental health training programmes for delivery across Greater Manchester.

- Interventions for Mental Health in Everyday Practice (IMHEP), a two day course for front line staff in organisations working with people who are vulnerable to poor mental health. Teaches an intervention based in CBT, self management and problem solving approaches.
- The Emotional Aspects of Your Consultations (EAC), two, 2 hour workshops aimed at clinical staff in general practice and primary care services. Teaches a range of practical approaches to enhance clinical engagement.

The project is managed by Manchester Public Health Development Service.

Whilst the project manages the practical dissemination of programmes, it also aims to capture learning from;

- The processes of dissemination
- The development of training materials and the effectiveness of training styles
- Good practice in training and supporting trainers
- Maintaining high quality training delivery
- Methods for evaluating the effectiveness of delivery and it's impact on practice
- Ways to sustain training delivery in the longer term, including issues of accreditation, intellectual property, electronic aids, funding and charging.

Progress to April 2011.

Establishing the Project.

- Project lead appointed and operational with management arrangements
- Project steering group formed and operational
- Project delivery plan, evaluation plan and work plans agreed

Disseminating Training Programmes IMHEP

The model for dissemination is to have an organiser in participating boroughs who has responsibility for establishment and delivery of the programme/s. They will assemble their corps of trainers who will be trained to deliver courses. Local leads will liaise with each other and HIEC project to share practice, maintain course quality and collaborate in programme evaluation.

- Publication of Trainers Pack and Participants Pack
- Training for trainers courses delivered in Ashton, Wigan & Leigh and Bolton (15 trainers in each). Stockport and Manchester already deliver IMHEP
- Expressions of interest in taking up IMHEP from Bury, Rochdale, Oldham, Salford and Tameside
- Discussion with Salford about joint course delivery with Manchester focussing on staff in the Broughton/Cheetham city region pilot initiative.
- Establishment of a local leads forum to oversee implementation.

Disseminating Training Programmes EAC

- Expressions of interest from Salford, Bolton, Rochdale, Tameside, Trafford, Oldham, Stockport, Wigan. Manchester already delivers this programme.
- Presentation of course event for interested local leads
- Initial exploration of links to CLAHRC programme

Next Steps

- The project is due to run to August 2011. Planning now for sustaining project for longer or alternative methods for managing disseminated training programmes.
- Consider how to exploit incidental benefits in GM wide collaboration, e.g. production of patient and public mental health information
- Consolidate links between GM wide training programmes and related policy, e.g. IAPT, promoting Recovery, suicide prevention
- Dissemination of learning from the project within GM and beyond

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