

PHDS Website – CHD Page – NHS Manchester CVD Pilot: Check It Out II

This is the second vascular checks pilot to take place in NHS Manchester area. The pilot offers NHS Health Checks to a target group of adults aged 40-74, who have no history of Cardiovascular Disease (CVD) or Diabetes, and who are not already in receipt of treatment for 'high blood pressure' or 'lipids'.

The pilot also builds on existing work with GP practices to develop an 'at risk' register of patients, as part of a programme of identification & validation of CVD risk.

The pilot targets group of adults aged 40-74, of both genders, who have no history of Cardiovascular Disease (CVD) or Diabetes, and who are not already in receipt of treatment for 'high blood pressure' or 'lipids'. These adults are considered to be 'at risk' and therefore will be invited to undertake a comprehensive CVD risk assessment, linked into the NHS Health Checks.

The pilot delivers health checks in 9 identified pharmacies, located within the catchment area of the 3 participating GP practices. The pilot will offer checks for kidney disease, Type 2 diabetes, stroke and the risk of heart attack, and follows the NHS Health Check model, offering tests to those between the age of 40 and 74.

NHS Manchester will invite a minimum of 900 patients from 3 practices located across the City of Manchester to participate in the project through the offer of free NHS Health Checks.

The use of CVD risk register software in GP practices will allow the selection of potential participants to be compiled. The risk register software takes into account health & lifestyle factors that would identify those most 'at risk', and flags that patient up for follow-up & an invite to undergo a health check as part of the pilot project.